

Acknowledgment of Risk for Adults

BY SIGNING THIS DOCUMENT THE PARTICIPANT IS ACKNOWLEDGING THAT THERE ARE PHYSICAL RISKS, DANGERS AND HAZARDS ASSOCIATED WITH OR RELATED TO THE SPORT OF CURLING, ARE ASSUMING SUCH PHYSICAL RISKS, DANGERS AND HAZARDS, AND IS ACCEPTING RESPONSIBILITY FOR COSTS ASSOCIATED WITH EMERGENCIES AND MEDICAL TREATMENT

DEFINITIONS

In this Acknowledgment of Risk for Adults (“Acknowledgment”), the term “Association” refers to the Nova Scotia Stick Curling Association, and the term “League” refers to all Member Clubs of the Nova Scotia Stick Curling Competitive League, and their respective directors, officers, employees, members, volunteers, agents, independent contractors and subcontractors, representatives, successors, assigns and all persons acting under their authority.

DESCRIPTION OF RISKS

Participation in the sport of curling may expose the Participant to risks, dangers and hazards.

The risks, dangers and hazards include, but are not limited to, injuries from:

- a. Being struck by a broom, brush or curling stone;
- b. Physical exertion, movements, turns and stops;
- c. Dryland training including weights, running and massage;
- d. Executing strenuous and demanding physical techniques in curling;
- e. Exerting and stretching various muscle groups;
- f. Falling because of slippery ice, or uneven or irregular ice surfaces;
- g. Falling while delivering the curling stone, skipping or sweeping;
- h. Physical contact with other participants, spectators, equipment and vehicles;
- i. Running or sliding on the ice surface;
- j. Spinal cord injuries which may render me permanently paralyzed;
- k. Stepping onto the ice surface from the walkway or onto the walkway from the ice surface;
- l. Stepping over dividers that divide one sheet of ice from the next;
- m. Strenuous cardiovascular workouts;
- n. Failure to participate within one’s abilities;

- o. Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
- p. Failure to wear appropriate or recommended apparel, including footwear and protective headgear;
- q. Travel to and from competitive events and associated non-competitive events which are an integral part of the Association's programs, activities and events; and/or
- r. Weather conditions which may result in hypothermia.

ACKNOWLEDGMENT OF RISKS

In consideration of the Association and/or League allowing the Participant to join the Club team, to use Club facilities, and/or to participate in activities, programs, competitions or meetings organized or authorized by or on behalf of the Association and/or the League including but not limited to Association or League training camps, courses, programs or competitions, I hereby recognize and acknowledge that:

- a. The **RISKS, DANGERS and HAZARDS** associated with my participation in the sport of curling may cause discomfort, severe injury or death and I assume all such risks, dangers and hazards.
- b. The **RISKS, DANGERS and HAZARDS** associated with my participation in the sport of curling may cause loss or damage to my equipment or property and I assume all such risks, dangers.
- c. The **RISKS, DANGERS and HAZARDS** associated with my participation in the sport of curling may be caused or contributed to by my failure to obey the directions of the coaches, leaders and/or organizers of the curling activities and my failure to exercise good judgment or pay due care and attention and I assume all such risks, dangers and hazards.

EMERGENCIES, MEDICAL TREATMENT AND ASSOCIATED COSTS

In consideration of the Association or League allowing the Participant to join the Club team, to use Club facilities, and/or to participate in activities, programs, competitions or meetings organized or authorized by or on behalf of the Association or League including but not limited to Association or League training camps, courses, programs or competitions, I hereby confirm that:

- 1. Should I require first aid or emergency medical treatment as a result of accident or illness while participating in curling activities organized by the Association or League, I consent to such treatment.
- 2. Should I require non-scheduled or emergency rescue, first aid or medical treatment, I agree that I will bear all costs and expenses associated with such non-scheduled or

emergency rescue, first aid or medical treatment and these costs will not be covered by the Association or League.

Unless the executive of the Association or League directs otherwise, this Acknowledgment shall apply to all subsequent membership renewals, use of Club facilities, and/or participation in activities, programs, competitions or meetings organized or authorized by or on behalf of the Association or League including but not limited to Association or League training camps, courses, programs or competitions.

In signing this Acknowledgment, I am not relying upon any oral or written representations or statements made by the Association or League with respect to the safety of curling activities, club facilities, programs, courses, camps, competitions or meetings organized by or on behalf of the Association or League other than what is set forth in this Acknowledgment.

CONFIRMATION

I confirm that I have read and understood this Acknowledgment and by signing it voluntarily I am agreeing to abide by these terms.

Date: _____ Participant Date of Birth (YYYY/MM/DD): _____

Printed Name of Participant

Signature of Participant

Witness's Signature