

Christmas Tradition

Each year at Christmastime, we'd like to start a tradition of honouring one of our special volunteers. This year we are excited to begin this new tradition



Lynn Doucette:

Championing Stick Curling through Support, Education, and Promotion.

Lynn Doucette's curling journey began in 1992, loving the traditional game until the physical demands made it challenging to continue. Just as she was considering stepping away, a friend introduced her to stick curling, reigniting her passion. "Without the stick, I wouldn't still be curling," Lynn says. "Now, I can't imagine leaving the sport. The camaraderie and fun are irreplaceable."

Lynn's involvement with Special Olympics began when she stepped up to lead the program at her club. She introduced stick curling to her athletes, believing it would help them thrive, and she was right. Under her guidance, the team has excelled, consistently placing at winter Games and winning a bronze medal in 2024.

For Lynn, respect, fun, and skill development are essential. She also stresses the importance of listening and giving athletes the confidence to be as competitive as they wish. Lynn's commitment goes beyond the rink—she organizes movie nights and social events to build a strong, supportive community. "I feel like I get more from these incredible people than I give," she reflects.

The Nova Scotia Stick Curling Association and the Yarmouth Curling Club is fortunate to have someone like Lynn Doucette, whose passion and dedication have made a lasting impact on her athletes and the community. Her journey from a player to a coach and mentor exemplifies the spirit of giving back, making a difference one stone at a time.

